

Crossgates Methodist Children's Center

April 9 to May 11 2018 School Menu 2018

Monday	Tuesday	Wednesday	Thursday	Favorite Food Friday
Apr 9 B: Biscuit/Jelly & Pears* L: Beef Noodle Casserole Green Beans Mandarin Oranges* S: Blueberry Muffin & String Cheese	Apr 10 B: Cereal & Peaches+ L: Chicken Patty on Bun w/ Trims Corn on Cob, Steamed carrots+ Applesauce S: Rice Krispy Treats & Pineapple Rings*	Apr 11 B: Cinnamon Toast & Applesauce L: Spaghetti w/Meatballs Romaine/Spinach Salad** Banana S: Carrot Stix+ & Goldfish	Apr 12 B: Cheese Grits & Apple Slices** L: Homemade Chicken Pot Pie Sweet Potato Fries+ Fresh Strawberries** S: Chz Its & Orange slices*	Apr 13 B: Toast/Jelly & Pears* L: Mini Cheese Pizzas Seasoned Potato Wedges Steamed Baby Carrots+ Sliced Peaches** S: String Cheese & Ritz Crackers
Apr 16 B: French Toast Stix & Peach slices** L: Chicken Nuggets Mac/Cheese Sweet Peas Tropical Fruit** S: Animal Crackers & Pineapples	Apr 17 B: Cheese Toast & Applesauce L: Beef Soft Tacos w/ Trims Pinto Beans Whole Kernel Corn Mandarin Oranges* S: Goldfish & Peaches*+	Apr 18 B: Oatmeal & Pears* L: Chicken Patty on Bun Celery & Carrot Sticks w/ Ranch Pineapple Tidbits* S: String Cheese & Special K bars	Apr 19 B: Bagel/Crm Chz & Orange Slices* L: Beef Lasagna Garlic Toast Romaine/Spinach Salad** Fruit Cocktail* S: Rice Krispy treats & Peaches*+	Apr 20 B: Cereal & Apple Slices** L: Grilled Cheese Sandwich Sweet Potato Fries+ Diced Pears* S: Cheese Squares & Ritz Crackers
Apr 23 B: Cheese Grits & Tropical Fruit** L: Meatballs & Gravy over Rice Green Beans Mandarin Oranges* S: Animal Crackers & Peaches*+	Apr 24 B: Cereal & Pear Slices* L: Vegetable Soup Crackers- Carrot sticks+ w/ranch dip Strawberry/Banana Blend S: Goldfish & Apple Slices**	Apr 25 B: Biscuit/Jelly & Mand. Oranges* L: Bar-b-que Chicken Baked beans & Cole Slaw Pineapple Rings* S: Trail Mix & Pear Slices	Apr 26 B: Cinnamon Toast & Pineapple Ring* L: Chicken Spaghetti Turnips Cornbread, Diced Peaches* S: Yogurt Stix & Strawberries**	Apr 27 B: Waffles & Orange Slices* L: Mini Beef Pizzas Corn on the Cob Green Beans Sliced Pears* S: String Cheese & Goldfish
Apr 30 B: English Muffins & Pears* L: Beef Noodle Stroganoff Lima Beans, Steamed Squash+ Peach Slices* S: Chz Its & Strawberries	May 1 B: Oatmeal & Apple Slices** L: Meatloaf Black-Eyed Peas & Mashed Potato Orange Slices* S: String Cheese & Crackers	May 2 B: Cinnamon Toast & Peaches*+ L: Grilled Cheese Sandwich Sweet Peas Mixed Fruit* S: Sliced Oranges* & Goldfish	May 3 B: Cheese Toast & Applesauce L: Red Beans w/(meat) and Rice Corn on the Cob Mandarin Oranges*+ S: Rice Krispy treats & Pears	May 4 B: French Toast Stix & Mand. Oranges* L: Turkey Sandwich w/ Trims Seasoned Potato Wedges Pineapple Tidbits* S: Cereal Snack Mix & Yogurt Stix
May 7 B: Cheese Grits & Peaches+ L: Chicken Patty Sandwich w/Trims Lima Beans, Steamed Carrots+ Applesauce** S: Cheese Slices & Crackers	May 8 B: Muffins & Pineapple Ring* L: Spaghetti w/ Marinara Sauce Romaine/Spinach Salad** Whole Kernel Corn Mandarin Oranges*+ S: Special K Bars & Banana	May 9 B: Biscuit/Jelly & Apple Slices** L: Cheeseburger w/Trims English Peas, Sweet Potato Fries= Banana S: Rice Krispy Treat & Peaches*+	May 10 B: Cereal & Sliced Pears L: Salisbury Steak with Rice & Gravy Peas & Carrots+ Steamed Broccoli, Strawberries** S: Yogurt Stix & Goldfish	May 11 B: Oatmeal & Pineapple Ring* L: Sloppy Joe Baked Beans Corn on the Cob Fruit Cocktail S: Vanilla Waffles & String Cheese

*denotes required daily Vitamin C food +denotes required Vitamin A food (3x week) **denotes age appropriate food substitutions for under age 2

<< Whole wheat crackers and juice are served between 5:20-5:30pm >>

<< Milk is served at Breakfast and Lunch -- All milk is fat-free for children over 2 years of age (age 1 receives whole milk) >>

<< Water is served with afternoon snack >>